

## TEMPOROMANDIBULAR JOINT AND FACIAL QUESTIONNAIRE

Please check all the categories --- feel free to ask for assistance if you do not understand any question.

YES NO

- Does your jaw make noise so that it bothers you or clients?
- Does your jaw get stuck as you try to open?
- Does it hurt when you chew or open wide to take a bite?
- Do you have earaches or pain in front of the ears?
- Do you have pain in the face, cheeks, jaws, throat or temples?
- Is it difficult for you to open your mouth as far as you want to?
- Do you suffer from frequent headaches?
- Does your jaw "feel tired" after a big meal or dental visit?
- Are you aware of an uncomfortable or bad bite?
- Are you aware that you grind your teeth at night?
- Do you have a habit of clamping or clenching (setting) your teeth?
- Do you have any jaw symptoms or a headache upon awakening?
- Must you chew excessively on one side?
- Have you had a blow to the jaw (trauma)?
- Are you a habitual gum-chewer or pipe smoker?
- Does the pain or discomfort disturb your sleep?
- Does the pain or discomfort interfere with your daily routine or other activities?
- Does the pain or discomfort affect your appetite?
- Do you feel the pain or discomfort extremely frustrating or depressing?

YES NO

- Do you suffer from arthritis or pain in other joints?
- Do you suffer from nervous stomach or ulcers?
- Do you suffer from constipation? Colitis?
- Do you suffer from back or neck pain (whiplash)?
- Do you suffer from skin problems or allergies?
- Have you ever been treated for jaw muscles or jaw joint disorders?

YOU MAY OR MAY NOT ANSWER THE FOLLOWING PERSONAL QUESTIONS

YES NO

- Are you having difficulties with your place of employment?
- Are you under a great deal of stress at your place of employment?
- Has there been any death in the family of a close relative?
- Is there any stress with any member of your family?
- If you are married, is your marriage stable?
- If you are unmarried, is your relationship with your boyfriend/girlfriend stable?

IF YOU HAVE ANY COMMENTS THAT MAY ASSIST US IN YOUR TREATMENT, PLEASE WRITE THEM BELOW.